



Indoor Visitation Policy

Revision Date: 03/18/2021

POLICY:

To ensure residents and their visitors have safe, protected, and monitored indoor visitation during the COVID-19 pandemic crisis, and ensuring an adequate degree of privacy for residents and their visitors. All visits will be based on the COVID-19 status of the facility. Outdoor visitation is still preferred over indoor when possible. Visitation indoors will only occur if the following criteria are met:

- There must not be any new facility-onset of COVID-19 cases in residents or staff. If Inspire Rehab has only one case in resident or staff, then approval by the DC Health COVID-19 Healthcare Facilities Team will be required to start/continue indoor visitation.
- Inspire Rehab will be participating in weekly staff testing as per DC Health requirements and achieve 90% compliance for at least two consecutive weeks.
- The resident being visited must not be undergoing quarantine (including observation) or isolation for COVID-19 exposure or infection respectively.
- Inspire Rehab must not be undergoing testing related to a confirmed or suspected outbreak.
- Inspire Rehab will have a 14-day supply of all Personal Protective Equipment (PPE) that would be necessary to respond to an outbreak, without dependence on or public health stockpiles.

PURPOSE:

To provide a visitation program that is safe, minimizing the risk of COVID-19 transmission and as well considering the residents' physical, mental and psychosocial well-being.

PROCEDURES:

Prior to initiating indoor visitation

- Prior to initiating indoor visitation, residents, family members and resident representatives will be informed of the precautions being taken to keep residents safe. The notification will include:
 1. A description of the symptom screening process.
 2. All terms of indoor and outdoor visitation, including mask and social distancing requirements, how to summon Inspire Rehab staff if needed, and what will cause a visitor to be denied entry.
 3. Steps visitors must take before, upon arrival, and during their visit at Inspire Rehab.

When indoor visitation begins:

- *All visits* at Inspire will be scheduled through the Activities Department by calling or emailing the Activities Aide, Activities Director or Activities Coordinator.
- Inspire Rehab will limit indoor visitors to people who can comply with mask and social distancing requirements.
- Children under the age of 18 visiting Inspire Rehab must always be accompanied by a guardian and must be able to comply with face mask and social distancing requirements.
- Maximum number of visitors that will be allowed will be 2.
- Visitors during a given visit must only be from a single household.
- Visitors during a given visit will not be allowed to remain on-site and visit multiple residents.
- Visits at Inspire Rehab will be no longer than 30 minutes.
- Inspire Rehab will require visitors to schedule an appointment for the visit so as to ensure the facility can safely accommodate the number of people and have enough staff to ensure safety precautions are monitored and enforced.
- Inspire Rehab receptionist will greet visitors at the lobby area at the entrance of the facility and item 1-3 listed below must be completed:
 1. Screen all visitors and service providers.
 2. Perform temperature check and symptom screening.
 3. Ensure visitors are fever-free, symptom-free, and have no known exposure to someone with COVID-19 within the past 14 days.
- Individuals visiting Inspire Rehab must not be under quarantine after non-essential travel to a high-risk state as defined on coronavirus.dc.gov/phase

two, or for international travel to a Level 3 (high-risk) country as defined in the DC Health Travel Guidance.

- Inspire Rehab receptionist will ensure all visitors have a surgical mask or an N-95 that does not have an exhalation valve, and ensure the mask covers the visitor's nose and mouth.
- The receptionist and assigned Activity staff coordinating visit will ensure all visitors clean their hands with alcohol-based hand sanitizer upon entering and exiting the facility.
- At the reception, the facility screening iPad will collect and document visitors' names, phone number, and room number of the person they are visiting and maintain records for 30 days to assist with contact tracing.
- Inspire Rehab will be able to provide this information to DC Health within 12 hours of it being requested.
- Inspire Rehab staff must escort the visitor to the designated visitation area.
- Visitors will not be allowed into any other part of the facility.
- Inspire Rehab will deny entry to visitors or service providers who do not pass screening or who refuse to comply with any of the requirements.

During Indoor Visitation

- All visitors to Inspire Rehab will enter through the main entrance and will follow the core principles of infection prevention. Individuals will be denied entry for those displaying signs and symptoms of COVID-19, answering affirmative to screening questions or unable to adhere to the core principles.
- Visitors must wear a surgical masks or N-95 mask will no valve during the entire visit and maintain 6 feet from the resident.
- Residents must wear a cloth face coverings or surgical face masks during the visit, including the transition to and from the indoor visitation location.
- Indoor visitation is limited to a designated visitation location. Visitors must only visit the resident they intend to visit at the designated visitation location.
- The designated indoor visitation room is Small Dining Room, located in Lobby Level of the facility.
 - Indoor visitation is limited to areas that allow for appropriate social distancing and must not exceed the capacity of the space.

- The visitation area will only be used by one group of visitors and the resident at a given time.
 - The visitation area will be reserved for the residents and their designated visitors.
 - The visitation area is ventilated and has specified entries, exits, and pathways that minimize exposure to other residents.
- Resident rooms will only be used for visitation as accommodation for residents who cannot access the area being used for indoor visitation.
 - Visitors will not be allowed to use resident facilities, including restrooms. Visitors will instead be directed to use restrooms that are not used by residents.
 - Cleaning and disinfection of the room will occur after the visit is completed.
 - Inspire Rehab will collect and document visitor's full names, phone number, full home address, email and room number of the person they are visiting and maintain records for at least 30 days to assist with any contact tracing.

After indoor visitation:

- Inspire Rehab will require visitors to clean their hands with alcohol-based hand sanitizer upon exiting the facility.
- The space designated for visitation will be cleaned and disinfected by the activity staff coordinating the visit between visitors.
- Inspire Rehab will clean and disinfect high touch surfaces (e.g., light switches, elevator buttons, door handles) in the facility at least twice a shift.
- Inspire Rehab will not allow other residents in the area where visit is taking place until visitations are completed and the area is cleaned and disinfected.

Physical contact between residents and visitors can occur;

- If resident is fully vaccinated (2 weeks following receipt of the second dose in a 2 dose series, or 2 weeks following receipt of a one dose single dose vaccine).
- The resident is wearing a well fitted mask.
- The resident properly performs hand hygiene immediately before and immediately after touching the visitor. The visitor must also perform hand hygiene immediately before and after touching the resident.

- Visitors must maintain 6 feet of physical distance from other residents and staff in the facility while visiting.

Visitation during outbreaks:

- When Inspire Rehab has a new case of COVID-19 among residents or staff, the Inspire Rehab will begin outbreak testing, implement DC Health recommendations, and suspend all visitations (except that required for compassionate care and under federal disability rights law), until at least one round of facility-wide testing is completed.
- Visitation can resume if the first round of outbreak testing reveals no additional COVID-19 cases in the facility.
- Visitors are not required to be vaccinated but encouraged to be vaccinated. Visitors who cannot or don't comply with use of surgical mask or non valve N-95 mask, social distancing, hand hygiene and other facility requirements will not be allowed to participate in outdoor or indoor visitation.

Notification of a COVID-19 exposure

- Inspire Rehab will provide all visitors with contact information and additional instructions for notifying the facility should they test positive for COVID-19 within 14 days of their visit.
- Inspire Rehab Unit Manager or Designees will notify visitors of outbreaks on the unit where the resident resides, should such an event occur within 14 days of a visit, and recommend the visitor(s) seek testing.

References:

[cms.gov/files/document/quo-20-39-nh-revised.pdf](https://www.cms.gov/files/document/quo-20-39-nh-revised.pdf)

Screening tools Guidance: coronavirus.dc.gov/healthguidance

Quarantine after non essential travel to high risk area: coronavirus.dc.gov/phasetwo

Coronavirus 2019 (covid-19): Indoor Visitation Requirement for Skilled Nursing Facilities & Assisted Living Residences.